

THE LINK

July 6, 2017

Disciples Christian Church

SPECIAL POINTS OF INTEREST

- Plano Food Pantry
- To everything there is a season
- Move Make Mind Play Pray
- Emergent Faith

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Anticipation!!!

July 10th

Prayer Shawl

July 20th

Young at Heart

August!

August 6th

First Sunday Fellowship following service - Mueller's Hosting

August 13th

Adam's Animals Kickoff

August 17th

Young at Heart

September!

September 3rd

First Sunday Fellowship following service

September 4th

Labor Day- Offices Closed

September 10th

Grandparents' Sunday

September 21st

Young at Heart

October!

October 1st

First Sunday Fellowship following service

October 19th

Young at Heart

November!

November 5th

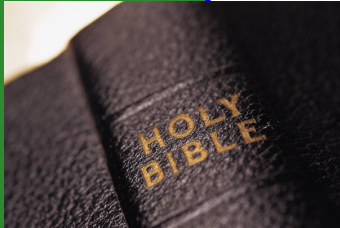
All Saints Sunday
First Sunday Fellowship' following Service

November 16th

Young at Heart

November 19th

Thanksgiving Sunday-
Lunch following Service



July 9, 2017

Hebrew Reading: Deuteronomy 10: 17-19

New Testament Reading: Luke 6: 32-36

Sermon Reading: 1 Corinthians 13: 4-7

Sermon: "Love Without Limits"

July 16, 2017

Hebrew Reading: Joshua 22: 4-6

New Testament Reading: John 5: 19-21

Sermon Reading: 1 Corinthians 13: 8-10

Sermon: "Love Has No End"

Prayer Requests

- Continue to hold **S.W.** in your prayers. He suffered a fall last week that resulted in a great loss of blood and a brain bleed. He is beginning to show some signs of strength returning as well as slight increase of vocal articulation again.
- **Walt** lifts a prayer of thanksgiving for his ability to return to church again, the prayers and support he has received and for his wife Rebecca.

The prayer requests in *The Link* each week are recent updates. A list of ongoing prayer requests appears in our worship bulletin each Sunday.



Plano Food Pantry



For the month of July, please bring bar soap and/or shampoo in 12-16 ounce bottles. As always, thank you for your continued support of this important ministry in our community. Nancy B.

Prayer

Marvel at the wonder of being able to commune with the King of the universe any time. Please don't take this awesome prayer-privilege for granted! Don't let foolish arrogance step in either, making you act as if you're doing Me a favor by spending time talking with Me.

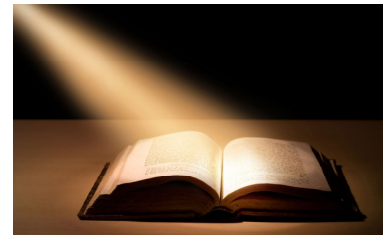
I listen to your heart as well as to your words. When you approach My *throne of grace* joyfully, anticipating the wondrous pleasure of communing with me, both you and I are blessed!

BE UPLIFTED

From "Jesus Lives" by Lucinda Secret McDowell

Bible Trivia — Did you know?...

1. During which king's reign did Zephaniah become a prophet?
2. Where is Timothy teaching when Paul writes to him?
3. How does Luke identify the persons who were first to visit the tomb after the resurrection?
4. Who is compared to a city without intact protective walls?
5. What was Elisha doing when Elijah called him to service?



The answers to these questions can be found on the last page of the bulletin!

To everything there is a season...

It is with sadness and hope for his future that I share with you the news that our wonderful John Dysart is leaving Disciples to go home to North Carolina. For many years, John has lifted our spirits, touched our hearts with the beauty of his music. He has accompanied our singers, guest musicians and selected the hymns that we sing. John has led us in playing our hand bells and has brought us to tears with the gift of his hand bell solos. We have all been touched by John and I want to make these last weeks with us special for him. Please come every Sunday you can and bring a guest. If you haven't been here in a while, now is a great time to come back. Let's see if we can fill up these pews with those who love great music, but more importantly, love John.

We will be having a reception luncheon for John on July 30th, so please plan to stay for that.



“We should try to live in such a way that if the Gospels were lost, they could be re-written by looking at us.”

~ Metropolitan Anthony of Sourozh

Young at Heart

The July Young At Heart gathering will take place on Thursday, July 20 at 6:30 PM. Dinner will be at Abuelo's at 3420 N. Central. Please let Cory or DeAnna know if you are going to be there.



MOVE MAKE MIND PLAY PRAY EVERY DAY!

Recently I participated in a focus group that was focused on what it means to thrive in ministry. What was needed, how it felt, and how did we know when we were thriving. I came away from that with a lot of really good thoughts and feedback. What you see above is one of the bits of information that I received from a peer of mine that had been on the brink of burn-out and is now on the mend. Move, Make, Mind, Play and Pray...Every Day.

What this means is that every day, every single day, you should make the conscious effort to do all of these things for yourself. I have given this some thought and while I can honestly say that I do at least one or two of these daily, I have no recollection of when I last deliberately brought this type of balance into my life. Here is the gist of what is involved.

Every day you should spend at least a few moments moving your body. Not simply walking from your desk to your car and down a hospital hall or around the sanctuary/office/house, but do something for you. Try yoga, walk to the park, do Zumba, take a bike ride or anything that has a benefit of getting your body moving. Even if you have physical limitations, there are things you can do. Waggle your arms around from your chair, tap out a tune with your feet, swing your arms; anything that gets your blood pumping works.

Every day spend some time allowing the creative part of your mind and soul to breath free and make something. It doesn't have to be fancy or high class, but make something. Bake, cook, crochet or paint if that is your thing. Whittle on a piece of wood or draw stick figures. Maybe you doodle, build card houses or tie knots in string or make rubber band balls. Play your guitar or make music on a tin can. Anything that brings you out of the regular and allows you to connect with creation in any form.

Every day do something that improves or stretches your mind. Do a crossword or Sudoku puzzle, read something outside of your norm or write a letter. Work a jigsaw puzzle, write a poem or learn a new skill.

Every day spend a few moments in an activity that brings joy to your heart and reconnects you to the child that lives within. Swing on a swing, play in the mud, make slime, blow bubbles (one of my favorites), color with crayons or skip around the house. Remember all of the fun things you did as a child and revisit them. Let your child shine.

And every day, take care of the spiritual part of you that is often left unattended. You can do this with prayer. Not just the prayers that you might say at meal time or for those you love, but pray for yourself too. Pray for joy, for laughter, for love. Pray for understanding and to be understood. Pray to see and be seen. Learn a new spiritual activity, walk a labyrinth or draw a cross. Walk among nature and breath in the beauty of God's world. Watch the clouds float past and reveal in His majesty. Let your Spirit rejoice.

You might notice that many of these seem to overlap a little. It doesn't matter, don't shortchange yourself. Do each, every day, give thanks and see what happens. Every day, don't forget.

Definition of EMERGENT

arising unexpectedly/ calling for prompt action
arising as a natural or logical consequence
newly formed or prominent (*emergent nations*)

Definition of FAITH

allegiance to duty or a person (loyalty/fidelity)
belief and trust in and loyalty to God : belief in the traditional doctrines of a religion : firm belief in something for which there is no proof : complete trust
3: something that is believed especially with strong conviction; a system of religious beliefs

What is the status of your Emergent Faith?



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Women’s Book Club

The book club will meet Tuesday July 25 at 7:00pm at 440 Independence Pkwy (northeast corner of Independence and George Bush). They are taking a summer break from reading a book this month and will discuss book suggestions for upcoming months as well as having a time for general sharing.



Adams Animals is Coming!

August 13th is the official kick- off for Adams Animals. In the past, we have had some pretty amazing showers of stuffed animals on this date...and we can do it again!

Let's make this wagon overflow on the 13th. Tell your friends, your groups, your work place. Share the news and share the love. Together we can make this the biggest Adams Animals collection Sunday we have ever had!

Remember, these children have suppressed immune systems so the stuffed animal must be new. There are all age ranges, from new born to teens who receive these so small, medium , big and huge are all valuable.

It is my hope that Jeff and Gena need to bring a whole box of bags to hold all of the animals collected that Sunday!

Thanks



Answers to Bible Trivia on page three

1. Josiah.
2. Ephesus.
3. As the women who had come with Jesus from Galilee.
4. A person without self-control.
5. Plowing.

COOL BEANS YOGA: every Tuesday and Thursday from 6-7 pm

We are a fairly athletic yoga group who practice integrating the body, mind, and breath. We have many different levels in the class and everyone modifies as they need; no experience is needed and everyone is welcome!

We try very hard never to cancel so when the instructor is away, members of the class participate in leading.



In order to follow Jesus and worship God: We will live and tell the good news of Jesus Christ in all we do; we will serve our neighbors; and we will minister to our fellow Christians.

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